

# farmer's table LUNCH Feel Good Food



### STARTERS

#### **SOUP OF THE DAY**

Chef's Daily Seasonal Choice / 8

#### PINE NUT ~ PEPPER HUMMUS V

Toasted Naan Bread, Garden Crudité, Lemon EVOO / 14

#### **AVOCADO CUCUMBER TARTARE V**

Ginger Lime Dressing, Lavash Herb Crisp / 15 ADD: Yellowfin Tuna Tartare / 8

#### **BYO SPICED TUNA TACOS GF**

Chopped Tuna Tartare, Corn Tortilla, Chili Crema, Avocado, Kim Chi / 23

#### **BONE BROTH GF**

"48 Hour" Roasted Chicken Broth / 7

#### FARMER'S CHICKEN MEATBALLS GF

House Made Mozzarella & Pomodoro Sauce / 15

#### **ROASTED BUFFALO CAULIFLOWER CROWNS V/GF**

Vegan Ranch Dressing, Celery & Carrots / 15

#### FARMER'S BABY BACK RIBS

Maple Pepper Glaze, House Slaw, Corn Bread "Waffle" / 22

## SALADS

#### **BEET IT** GF/VEG

Arugula, Goat Cheese, Roasted Beets, Pistachios, Pickled Red Onions, Shaved Apples, White Balsamic Vinaigrette / 18

#### THE REAL GREEK GF/VEG

Organic Tomatoes, Cucumbers & Peppers, Feta, Red Onion, Olives, EVOO Oregano Dressing / 18

#### CHICKEN PAILLARD & ARUGULA GF

Organic Grape Tomatoes, Shaved Parmesan, Red Onions, Mediterranean Vinaigrette / 24

#### THAI CRUNCH GF

Soy Grilled Salmon, Watercress, Shaved Cabbage & Carrots, Chili Cucumbers, Avocado, Sesame Ginger Dressing, Toasted Cashews / 26

#### **CHOP CHOP CHEF'S SALAD GF**

Romaine Hearts, Chicken, Bacon, Swiss Cheese, Egg, Tomato, Chickpeas, Cucumbers, Avocado, Radish, FT House Dressing / 24

## — FLATBREADS -

All Flatbreads are made on a Lavash Crust | Substitute Cauliflower Crust \$4

#### **CILANTRO LIME** CHICKEN

Enchilada Sauce, Cheddar & Manchego Cheese, Toasted Corn Pico, Avocado Crema / 18

#### **MARGARITA** NAPOLETANA VEG

House Made Pomodoro & Mozzarella Cheese, Organic Tomatoes, Torn Basil / 15

#### WILD MUSHROOM & GOAT CHEESE VEG

Balsamic Fig Braised Onions, Grape Tomatoes, Baby Arugula / 18

## HOUSE MADE ORGANIC BREADS

Choice of Non GMO Vegan "Butter", Organic Dairy Butter or Hummus

PRETZEL VEG OR FOCACCIA ROLL v / 3.50

TOASTED MOUNTAIN BREAD v / 3.50 FARMER'S BAGUETTE veg / 6

TOASTED "HIGH PROTEIN" **SOURDOUGH** v / 4

GLUTEN FREE - GF | VEGAN - V | VEGETARIAN - VEG

Culinary Director Michael Schenk & Executive Chef Bruce Feingold

#### MINDFULLY SOURCED

At Farmer's Table, you can trust what's on your plate. We proudly serve grass-fed beef; antibiotic-, hormone- and steroid-free chicken, chemical-free shrimp, sustainable seafood, and pasture-raised, cage-free, free-range eggs. We support local farms for fresh produce when available and harvest produce from our own organic garden. We strictly adhere to the Environmental Working Group's Dirty Dozen food philosophy, sourcing only organic produce from their recommended lists. Our breads and pastries are baked fresh in-house daily using only the finest certified organic flours. We eliminated all seed oils and exclusively use "Zero Acre" Oil and Extra Virgin Olive Oil in our kitchen.

> Some items may be served raw or undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. Your meal may contain traces of flour as we are not a gluten-free facility.



## **SANDWICHES & SUCH**

Served with our House Made Cole Slaw

#### THE FARM BURGER

House Made Pretzel Bun, "All In" Onion Bacon Jam, LTP, Aged Gouda, Over Easy Egg / 19

#### PRETZEL BURGER

Grass-Fed Beef Burger, LTO, House Made Pickles / 16 ADD: Cheddar, Bacon, Avocado / 2each, Egg / 3each

#### MEDITERRANEAN SALMON BURGER

House Made Organic Focaccia Roll, Lemon Pepper - Basil Relish, Roasted Tomato, Arugula / 19

#### **PANINI CAPRI CAPRESE**

House Made Organic Country Bread, Mozzarella, Roma Tomatoes, Balsamic Onions, Roasted Zucchini, Pesto Dip / 15

#### **FARMER'S TURKEY CLUB**

Fresh Roasted Natural Turkey Breast, Nitrate Free Bacon, Organic Tomatoes & Lettuce, House B&B Pickles, Spiced Avocado Aioli, Garlic Toasted Farmer's Baguette / 16

## SIDES

YUKON GOLD "OVEN FRIES" V/GF / 6

HOUSE MADE POTATO CHIPS V/GF / 6

ROSEMARY PARMESAN "OVEN FRIES" VEG/GF / 8

PAPAS BRAVAS WITH SPICED AIOLI V/GF / 8

CANNELLINI BEAN RAGOUT V/GF / 8

CRUSHED SWEET POTATOES V/GF / 8

ORGANIC STEAMED OR GARLIC SPINACH V/GF / 8

ROASTED SPAGHETTI SQUASH V/GF / 8

# KNIFE & FORK

#### "SPASTA" & CHICKEN MEATBALLS GF

Roasted Spaghetti Squash with Organic Spinach, Farmer's Pomodoro Sauce / 24 ADD: Fresh or Vegan Mozzarella / 2

#### **EGGPLANT ZUCCHINI LASAGNA V/GF**

Cashew "Ricotta", Garlic Spinach, House Pomodoro Sauce / 24 ADD: Fresh or Vegan Mozzarella / 2

#### PAN ROASTED SALMON

**FAROE ISLAND** 

Tuscan Cannellini Bean Ragout, Organic Spinach & Tomato, Grilled House Made Garlic Focaccia / 34

#### **RAMEN BOWL VEG**

Cabbage, Carrots, Broccoli, Mushroom Dashi, Sunny Egg, GGS / 23

ADD-ONS -

Salmon Scallopini / 12

Hanger Steak Bites / 12

Shrimp / 12

Seared Tuna / 12

Grilled Chicken Paillard / 12

Roasted Tofu / 7

GLUTEN FREE - GF | VEGAN - V | VEGETARIAN - VEG

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For parties of 8 or more, there will be a 20% service charge added.