

## BREAKFAST FAVORITES

**BLUEBERRY STREUSEL MUFFINS** (2) **veg**  
Whipped Honey Butter / 4

**OVERNIGHT OATMEAL** **v/gf**  
Coconut Milk Soaked Steel Cut Oats,  
Fresh Fruit & Berries, Organic Cinnamon Sugar / 13

**BLUEBERRY MULTIGRAIN PANCAKES** **veg**  
Warm Vermont Maple Syrup,  
House Made Berry Preserve  
Short Stack (3) / 11 Tall Stack (5) / 15

**LEMON RICOTTA BUBBLE WAFFLE** **veg**  
Multigrain Waffle, Organic Strawberries,  
Crushed Sugar Cookie,  
Lemon Scented Maple Syrup / 14

## BREAKFAST CLASSICS

CHOICE OF RED BLISS POTATO HASH OR SEASONAL FRUIT

**RISE & SHINE** **gf**  
Scrambled Eggs, Applewood Smoked Bacon / 14

**PROVENCALE MUSHROOM OMELET** **veg/gf**  
Organic Grape Tomatoes & Spinach,  
Roasted Garlic, Fresh Herbs / 16

**CRUSHED AVOCADO TOAST** **veg**  
Toasted Mountain Bread, Flash Roasted Tomato,  
Arugula, Sunny Side Up Eggs / 18

**FARMER'S TABLE PALOOZA**  
Blueberry Multigrain Pancakes, Scrambled Eggs,  
Chicken Sausage, Applewood Smoked Bacon / 20

**THE BREAKFAST SANDWICH**  
Toasted House Made Pretzel Bun, Smashed Avocado,  
Over Easy Egg, Gruyere Cheese, Bacon,  
Griddle Tomato, Lemon Tossed Arugula / 17

**v: vegan | veg: vegetarian | gf: gluten free**

Some items may be served raw or undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

Your meal may contain traces of flour as we are not a gluten-free facility.

# MORNING BEVERAGES



COFFEE SERVICE / 4

LATTE / 5

Add a Flavor / 1

CAPPUCCINO / 5

ESPRESSO

AMERICANO / 4

Single / 4 Double / 6

CAFE MOCHA / 6

CHAI TEA LATTE / 6

Organic Milk, Soy, Almond or Coconut Milk  
Decaffeinated Available

## ORGANIC TREND TEAS / 5

ENGLISH BREAKFAST

Full Bodied & Smooth

CHAMOMILE & MINT

Lemon Peel, Licorice Root (Caffeine Free)

JADE CLOUD

Lively & Light Green Tea

LEMON GINGER

Chinese Green Tea with Lemon Myrtle

REIKI BLEND

Flower Blossoms, Herb & Dried Fruit (Caffeine Free)

JUICES / 5

Orange, Grapefruit, Apple, Cranberry

## RISE & SHINE COCKTAILS

MIMOSA / 11

BLOODY MARY / 12

WONDERLAND COLD BREW / 16

Bailey's, Kahlua, Frangelico & Cold Brew Coffee