

## starters

### Soup of the Day

Made Fresh with Seasonal Ingredients / 7

### Famous Chicken Meatballs *gf* or Vegan Quinoa Meatballs

House Made Mozzarella or Vegan Mozzarella,  
Joey's Mom's Tomato Sauce / 13

### Cucumber & Avocado "Tartare" *v*

Ginger-Lime Dressing, Crispy Lavash Crackers / 12

### Signature Split Pea Soup *v/gf* / 7

### Peppadew & Pine Nut Hummus *v*

Heirloom Carrots, Cucumber, Warm Pita Bread / 14

### Chicken Taco's *gf*

2 Locally Made Corn Tortillas,  
Seasoned Ground Chicken, Shredded Lettuce,  
Aged Cheddar, Pico de Gallo, Sour Cream /15  
ADD: Taco / 6

## flatbreads

All Prepared on Cauliflower Crust & Great to share!

### Roasted Wild Mushroom

White Cheddar, Goat Cheese,  
Fig Braised Onion Jam,  
Savory Herbs / 18 *veg/gf*

### Margherita

Hand Made Mozzarella,  
Blistered Grape Tomatoes,  
Fresh Basil, Pomodoro / 16 *veg/gf*

### Prosciutto di Parma

Blistered Tomatoes,  
Hand Made Mozzarella,  
White Sauce, Aged Balsamico,  
Arugula / 17 *gf*

## greens

### Garden Salad *veg*

Field Greens, Cucumbers, Organic Tomato, Carrots,  
Choice of House Made Dressings / 9

### Mediterranean *veg/gf*

Romaine Hearts, Feta, Cucumbers, Peppers, Red Onions,  
Olives, Tomatoes, Lemon-Oregano Vinaigrette / 14

### Florida 77 *veg/gf*

Field Greens, Avocado, Oranges, Carrots, Hearts of  
Palm, Candied Cashews, Mile Marker 77 Vinaigrette / 15

### Farmer's Table Cobb *gf*

Romaine Hearts, Chicken, Egg, Avocado, Cucumbers,  
Tomatoes, Carrots, Crumbled Blue Cheese, Bacon,  
Wildflower Honey Vinaigrette / 18

**ADD**

Springer Mountain Chicken Paillard / 10

Yuzu Marinated Domestic Tofu / 7

Norwegian Salmon / 15

Gulf White Shrimp / 12

## plant forward sides

All Sides are Vegan & Gluten-Free / 8 each

**Make It a Meal:** 3 Sides / 21

Herb Roasted Spaghetti Squash

Baked Yukon Gold Steak Fries

Balsamic Agave Brussels Sprouts

Red & White Quinoa Cauliflower "Fried Rice"

Garlic Roasted Heirloom Carrots & Green Beans

Savory Herb Roasted Wild Mushrooms



# supper

## Farmer's Cheeseburger

Toasted Brioche Bun, LTO, Choice of Side / 16  
Choice of: Cheddar, Mozzarella, Feta or Blue Cheese

## Grilled Mahi Mahi <sup>gf</sup>

Chilled Sweet Potato Noodle Salad,  
Shredded Vegetables, Yuzu-Kung Pao Vinaigrette,  
Sesame Seeds / 29

## Springer Mountain Chicken <sup>gf</sup>

Herb Roasted 10oz Breast, Roasted Chicken Sausage-  
Blistered Grape Tomato "Ratatouille",  
Yukon Gold Potatoes, Natural Jus / 27

## Grilled Norwegian Salmon <sup>gf</sup>

Red Quinoa & Cauliflower Fried Rice, Peas,  
Carrots, Sesame Citrus Dressing / 35

## "Spasta" & Meatballs <sup>gf</sup>

Choice of Chicken or Vegan Meatballs, Spaghetti  
Squash, Organic Spinach, Tomato Basil Sauce / 22  
ADD: Vegan Mozzarella or House Made Mozzarella / 2

## Ramen Bowl

Asian Vegetables, Mushroom Dashi Broth,  
Gingered Egg, Served with Diced Chicken / 23  
Substitute: Tofu / nc, Shrimp / 6 or Salmon / 12

## Grass-Fed Beef Short Rib <sup>gf</sup>

Grass-Fed & Finished Center Cut,  
Balsamic Agave Brussels Sprouts, Mushroom  
Bordelaise, Maple Whipped Sweet Potatoes / 32

## Choose Your Steak Cut

From our Grass-Fed & Grass-Finished Beef

**8oz. Filet Mignon <sup>gf</sup> / 54**

**10oz. NY Strip <sup>gf</sup> / 48**

Gorgonzola Mashed Potatoes,  
Garlic Roasted Heirloom Carrots & Green Beans,  
Mushroom Bordelaise

## Consciously Sourced

We proudly serve grass-fed and grass-finished beef; antibiotic, hormone- and steroid-free chicken, chemical-free shrimp, and sustainable seafood. We support local farms for fresh produce when available and harvest produce from our own organic garden. We strictly adhere to the Environmental Working Group's Dirty Dozen Food philosophy, sourcing only organic products for their recommended fruits and vegetables.

Some items may be served raw or undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. Your meal may contain traces of flour as we are not a gluten-free facility.



v: vegan | veg: vegetarian | gf: gluten free



## connect with us

dinefarmerstable.com



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