

# DINNER

#### FEEL GOOD FOOD

#### starters

Soup of the Day Made Fresh with Seasonal Ingredients / 7

Magical Split Pea Soup v/gf/7

Farmer's Meatballs gf "FTA" Chicken or Vegan Quinoa Meatballs

House Made Mozzarella or Vegan Mozzarella, Joey's Mom's Tomato Sauce/12

Farmer's Hummus v

Peppadew & Pine Nuts, Cucumber, Toasted Za'atar Naan, EVOO/11

Baked Chicken Wings gf "Naked", Buffalo or House BBQ, Ranch Dressing/14

Cucumber Avocado "Tartare" v

Ginger-Lime Dressing, Lavash Herb Crisp / II ADD: Tuna Tartare / 5

Maple Pepper Glazed Baby Back Ribs gf

"Fork Tender" Ribs, Toasted Corn Potato Salad / 15

**Buffalo Cauliflower "Drumettes"** v/gf Oven Roasted served with Vegan Ranch Dip/II

**Sesame Ginger Tuna Tartare** gf Chili Oil, Rice Noodle Salad / 15

— Taco of the Day — Chef's Daily Taco Special

"FTA" - Farmer's Table Approved

We do our best every day to consciously source the cleanest ingredients for our guests. Where ever you see "Farmer's Table Approved" (FTA) on our menu, it means we carefully sourced that item to be of the highest quality available. We proudly serve grass-fed and grass-finished beef; antibiotic, hormone- and steroid-free chicken, chemical-free shrimp, and sustainable seafood. We support local farms for fresh produce when available and harvest produce from our own organic garden. We strictly adhere to the Environmental Working Group's Dirty Dozen Food philosophy, sourcing only organic products for their recommended fruits and vegetables. Ask your server for more information.

Some items may be served raw or undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. Your meal may contain traces of flour as we are not a gluten-free facility.





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FarmersTableFL

#### greens

Country Club Caesar veg

Crisp Romaine, Parmigiano Reggiano, Garlic Lavash "Croutons", Caesar Dressing / 12

Mediterranean veg/gf

Romaine Hearts, Feta, Cucumbers, Peppers, Red Onions, Olives, Tomatoes, Lemon-Oregano Vinaigrette/14 Florida 77 veg/gf

Field Greens, Avocado, Oranges, Carrots, Hearts of Palm, Candied Cashews, Mile Marker 77 Vinaigrette / 14

Arugula & Roasted Beet veg/gf

Goat Cheese, Pickled Onions, Spiced Pistachios, Sherry Vinaigrette / 13 Farmer's Table Cobb gf

Romaine Hearts, Chicken, Egg, Avocado, Cucumbers, Tomatoes, Carrots, Bacon, Wildflower Honey Vinaigrette or Ranch Dressing/16

ADD

"FTA" Grilled Chicken / 6 Seared Atlantic Tuna / 8 "FTA" Salmon / 10
"FTA" Shrimp / 8

Marinated Tofu/5
Petit Bistro Steak/10

## flatbreads

All Flatbreads are baked on a Cauliflower Crust Great for sharing as an appetizer!

Cilantro Lime Chicken gf

Enchilada Sauce, Toasted Corn Pico, Cheddar & Manchego Cheese, Avocado Crema / 15 Pulled First Cut BBQ Brisket gf

Pepperonata, Cheddar Cheese, Arugula, Pickled Red Onions/15 Wild Mushroom & Goat Cheese veg/gf

Balsamic Fig Braised Onions, Savory Herbs/15

### favorites

"Spasta" & Meatballs gf

Choice of Chicken or Vegan Meatballs, Spaghetti Squash, Organic Spinach, Tomato Basil Sauce / 21 ADD: Vegan Mozzarella or House Made Mozzarella/2 Grilled Chicken Paillard gf

Arugula, Organic Grape Tomatoes, Red Onions, Shaved Parmesan Cheese, Lemon-Oregano Vinaigrette / 20

Grass-Fed Beef Burger

Brioche Bun, Fig Braised Onions, Lettuce, Tomato, Baked Yukon Gold Fries / 15 ADD: Bacon, Cheddar or Avocado / 2 each Ramen Bowl

Cabbage & Carrots, Broccoli, Gingered Egg, Mushroom Dashi, Chicken or Tofu/21 SUBSTITUTE: Shrimp or Tuna/3

Mushroom & Artichoke "Paella" v/gf

Saffron Spanish Rice, Peppers & Peas / 20 ADD: Chicken / 6 Shrimp / 8

#### supper

Grilled Rainbow Trout gf

Beet Scented Jasmine Rice, Shaved Carrot Slaw, Turmeric Romesco Sauce / 25

Togarashi Seared Tuna Steak gf

Vegetable Japchea Glass Noodles, Soy Roasted Mushrooms, Korean BBQ Sauce/29 Grass-Fed Beef Short Ribgf

Roasted Brussels Sprouts, Maple Whipped Sweet Potatoes, Mushroom Bordelaise / 28

> -Bulcher Block Special -Chef's Daily Steak Selection

Heritage Heirloom Chicken gf

Lemon Herb Roasted Half Organic Chicken, Summer Squash & Zucchini, Yukon Gold Potatoes, Blistered Grape Tomatoes, Natural Jus/25

Soy Roasted "FTA" Salmon gf

Wok Fired Quinoa with Cauliflower,
Peas & Carrots, Sesame Citrus Dressing / 26

## plant forward sides

All Sides are vegan and gluten-free / 8 each

Roasted Spaghetti Squash
Baked Yukon Gold Steak Fries
Maple Whipped Sweet Potatoes
Roasted Brussels Sprouts
Wok Fired Quinoa Cauliflower

Rice Noodle Salad
Summer Squash & Zucchini
Vegetable Japchae Glass Noodles
Beet Scented Jasmine Rice

MAKE A MEAL

Any 3 Plant Forward Sides / \$20