



farmer's table

EXPRESS

Breakfast

Yogurt Parfait, Peach / \$5.50 **gf**
Egg Salad Power Wrap / \$8.50 **veg**

Snacks

Albacore Tuna Salad / \$8.00 **gf**
Fresh Fruit Cup / \$4.00 **v/gf**

Soups

16oz. \$5.00 | 32oz. \$12.00
Farmer's Table Veggie Stew **v/gf**
Butternut Squash Soup **v/gf**
Bone Broth **v/gf**
Soup of the Day

Salads

Namaste Salad / \$9.00 **v/gf**
Roasted Beet & Arugula Salad / \$9.00 **v/gf**
Vegan Caesar Salad / \$9.00 **v**

Sandwiches & Wraps

Albacore Tuna Sandwich / \$9.50
Turkey Sandwich / \$9.50
Farmer's Veggie Wrap / \$10.50
Chicken Pesto Wrap / \$10.50
Blackened Chicken Wrap / \$10.50

Protein

Grilled Salmon / \$8.50 **gf**
Grilled Chicken / \$6.00 **gf**
Kale Pesto Chicken / \$6.00 **gf**
Chicken Meatballs / \$7.00 **gf**
Short Rib, Mushroom Bordelaise / \$10.00 **gf**
Maple BBQ Ribs – ½ rack \$9 / full rack \$17
Burger - Grass-Fed/Fin. Strauss Farms
8.5oz. Twin Pack / \$8.00

Entrees

“Spasta” & Chicken Meatballs / \$12.00 **gf**
“Spasta” & Vegan Meatballs / \$12.00 **v/gf**
Short Rib, Sweet Mash, Brussels / \$18.00
Grilled Salmon, Bean Ragout, Kale Pesto / \$14.50 **gf**

Sides

Quinoa Cauliflower “Fried Rice” / \$5.00 **v/gf**
Caramelized Brussels Sprouts / \$5.00 **v/gf**
Sweet Mashed Potatoes / \$5.00 **v/gf**
Spaghetti Squash / \$5.00 **v/gf**
House-Made Mozzarella / \$5.00 **veg/gf**

Dressings & Sauces

Lemon Oregano Vinaigrette / \$8.00 **v/gf**
Fig Balsamic Vinaigrette / \$ 8.00 **v/gf**
Vegan Caesar Dressing / \$8.00 **v/gf**
Farmer's Buffalo Sauce / \$8.00 **v/gf**
Marinara Sauce 16oz. / \$6.00 | 32oz. \$11.00 **v/gf**

Dessert & Sweets

Opera Cake / \$7.00 **v**
Carrot Cake / \$7.00 **v**
Key Lime Pie / \$6.00 **veg**
Chocolate Fudge Cake / \$7.00 **v/gf**
Vegan Chocolate Truffles / \$5.00 **v/gf**
Chocolate Pudding / \$4.75 **v/gf**
Coconut Macaroons / \$6.00 **veg/gf**
Dark Chocolate Macaroons / \$7.00 **veg/gf**
Chocolate Coconut Bars / \$5.00 **v/gf**
Vegan Chocolate Chip Cookie / \$3.00 **v**
Vegan Oatmeal Cookie / \$3.00 **v**
Vegan Peanut Butter Cookie / \$3.00 **v**
Sweet Potato Lime Muffin / \$3.75
Blueberry Cornmeal Muffin / \$3.75
Blueberry Scone / \$3.75 **v**
Chocolate Chip Scone / \$3.75 **v**
Fresh Hand Fruit Apple, Orange, Banana \$2.00

Beverages

Just Water / \$2.50
Please ask for other available options.

Alcoholic Beverages

Canned/Bottled Beer
House White Wine
House Red Wine
Please ask for available options.

Farmer's Table Express – Boca Raton
1901 N Military Trail, Boca Raton, FL 33431

Open Daily, 11am-8pm

Ask about our **DAILY CHEF'S SPECIALS!**

**Menu is subject to change daily due to availability of products. Pricing and packaging may vary.*